



HIGH TRUTH

**LOW TRUTH** 

## CHECKOUT

( I'M DONE WITH EVERYONE ) ( PROTECT OURSELF, SACRIFICE GROWTH ) CALLOUT
(I TELL YOU YOU'RE WRONG CUZI LOVE YOU)
(PROTECT WHAT'S "RIGHT", SACRIFICE GRACE)
LOW GRACE

## **WEEKLY CHALLENGE**

TAKE THIS MATRIX WITH YOU, AND THINK THROUGH OR WRITE DOWN SOME THOUGHTS TO TALK ABOUT!

WE OFTEN INTERACT WITH PEOPLE IN DIFFERENT WAYS, BASED ON WHO THEY ARE TO US/WHAT THE SITUATION IS.

WHERE DO YOU SEE YOURSELF ON THE MATRIX WHEN YOU'RE INTERACTING WITH...

YOUR PARENTS?
YOUR SIBLINGS?
YOUR FRIENDS?
YOUR BEST FRIEND?
YOUR TEACHERS?