



FRIEDENSCHURCH

Deep roots. Authentic relationships.

Verse of the Week: My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry. (James 1:19)

Short Podcast for Adults: <https://www.youtube.com/watch?v=4Q6ddBPTicQ>

Song for Kids: https://www.youtube.com/watch?v=L5NUHqQj_PA

Our verse today comes from the book of James. James is a book in the Bible that contains tons of wisdom for people and practical instruction on how to obey God. Take some time to look up and read James 1:19-21 in your Bible.

¹⁹ My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ because human anger does not produce the righteousness that God desires. ²¹ Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

- Let's break this verse up into 3 parts and discuss as a family what each means.
 - Quick to Listen
 - Slow to Speak
 - Slow to become Angry
- What makes a good listener? How can we show others that we're listening?
- Why should we be slow to speak? What does that look like?
- Have everyone share some things that make them angry.
 - Why do you think God wants us to be slow when getting angry?
 - Think of some ways you can slow your anger. (take a deep breath, take a break from the situation, pray to God, write about why you're upset, etc.)

Let's practice and put on a show! Break up into pairs and act out how to be quick to listen, slow to speak, and slow to become angry. First, act out the WRONG way. Then show everyone what the BIBLE says on how we should act. (iGnite kids will know what to do!)

Here are some examples of scenarios you can act out.

- Your friend/sibling borrowed your favorite toy/phone without asking and then broke it.
- Your mom/dad spilled coffee on your homework that's due tomorrow.
- Your husband/wife forgot to put some bills in the mail, and now they're going to be late.

Let's pray this week that God will...

- help us listen more and talk less.
- help us control our anger and to not take it out on others.
- help us deal with our anger in a way that pleases Him.

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